Licensed Practical Nursing (LPN)

Adult Estimated cost: $5,978.00

View brochure online at http://www.alc.vbschools.com/nursing.html

Compare us to others!

We think you will agree; a high-quality education from Virginia Beach School of Practical Nursing is one of the most affordable LPN Programs in Hampton Roads!

This is an 18-month program; open to high school seniors and adults. Day classes are held at the Virginia Beach Career and Technical Education Center, 2925 North Landing Road, Virginia Beach, VA.

You will learn in a state-of-the-art lab and on-site at hospitals for real clinical experiences. After the first nine months, you will have the opportunity to earn a Certified Nurse Aide certification. At the completion of the second nine months, students may take the NCLEX-PN Licensure Examination if eligible by the Virginia Board of Nursing.

Adult* Application Process for Fall Class of September 2018:

Step 1: **Beginning in January 2018**: Pick up nursing program catalog and application at the Virginia Beach School of Practical Nursing, the Adult Learning Center, or online at http://www.alc.vbschools.com/nursing.html.

Step 2: Application Deadline: May 1, 2018 by 3:00 pm. Submit application and required documentation to the Virginia Beach School of Practical Nursing, 2925 North Landing Road, Virginia Beach, VA 23456.

Step 3: Sit for the ATI TEAS Entrance Exam (Exam fee: $70. Exam will be scheduled upon successful completion of the application process.)

(Eligible students may receive financial aid through the GI Bill, VA Benefits, or Pell Grants.)

*High school students, please call 757-648-5889 for application information.

Questions about the LPN Program?
Call 757-648-5889

VBSPN is approved by the Department of Education of the Commonwealth of Virginia, the Virginia Board of Nursing and is accredited by the Accrediting Commission for Education in Nursing, Inc., 3343 Peachtree Rd NE, Suite 850, Atlanta, GA 30326. Information regarding fees, entrance requirements, school policies and regulations is subject to change as need dictates.
Learn About Our Exciting Healthcare Programs!

Medical Career Information Session
Tuesday, August 29, 2017, 6:00 pm to 7:00 pm

Affordable Classes  Externships  Day/Evening Sessions  Online Programs

Registration is available only through: https://goo.gl/forms/MqWAlNw3XPUHdo603

Prerequisites—For All Medical Career Training Programs
1. 18 years or older
2. Fluent in English: speaking, listening, reading, and writing
3. Possess a high school diploma or GED® certificate, or a translated transcript and equivalency if you did not attend high school in the United States
4. No illegal drug use
5. No barrier crimes or felonies on background check
6. Proof of United States residency or citizenship (green card or American passport)
7. Good physical health including the ability to lift and carry up to 15 pounds, reach, and stand and walk for extended periods of time

Clinical Externships—Included in Some Programs
To be eligible for a clinical externship, students must successfully complete the 80 hour program, submit to a thorough FBI background check, drug screening, immunizations and meet other requirements. Externships are arranged through the course instructor.

PLEASE NOTE: The background check, drug screening fees, and immunizations are not included in your tuition cost and will vary depending on the testing location.

PHARMACY TECHNICIAN
Cost & hours: $1199/80 hrs + 60-hr externship

3505 PHARMACY TECHNICIAN
This comprehensive 80-hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCB exam. Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions, and defining drugs by generic and brand names. Through classroom lecture and hands on labs, students will review dosage calculations, drug classifications, the “top 200 drugs”, I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parental nutrition (TPN), dispensing of prescriptions, inventory control, and billing and reimbursement.

24 classes @ 3.5 hrs ea  8.4 CEU  101 CPE
3505-01 RA M, Tu & Th 9:00am-12:30pm  9/11-11/12 Staff
3505-02 RA M, Tu & Th 6:00pm-9:30pm  10/2-11/27 Staff

3507 PHARMACY TECHNICIAN STUDY GROUP
$80
Need extra help understanding Pharmacy Tech concepts or just a review before taking the National Certification Exam? Review Pharmacy law and drugs with an emphasis on pharmacy math.
5 classes @ 2 hrs ea  1 CEU  12 CPE
3507-01 RA W 6:30pm-8:30pm  9/13-10/11 Lowenthal
3507-02 RA W 6:30pm-8:30pm  10/18-11/15 Lowenthal

PHLEBOTOMY TECHNICIAN
Cost & hours: $1599/90 hrs

3533 PHLEBOTOMY TECHNICIAN
This Phlebotomy Technician Program prepares professionals to collect blood specimens from clients for the purpose of laboratory analysis. Students will become familiar with all aspects related to blood collection and develop comprehensive skills to perform venipunctures completely and safely. Classroom and lab work includes terminology, anatomy, and physiology; blood collection procedures; specimen hands-on practice; and training in skills and techniques to perform puncture methods.

PLEASE NOTE: An externship is not included with this program.
26 classes @ 3.5 hrs ea  9.1 CEU  109 CPE
3533-01 RA M, Tu & Th 12:30pm-4:00pm  10/9-12/7 Staff

The Adult Learning Center is a partner with the Hampton Roads’ Workforce Development System.
**Medical Administrative Assistant**

Cost & hours: $1099/52 hrs + 40-hr externship

**3520 MEDICAL ADMINISTRATIVE ASSISTANT**

This 50-hour course prepares students to function effectively in many of the administrative and clerical positions in the health care industry. Medical Administrative Assistants, Medical Secretaries, and Medical Records Clerks are all positions in great demand. This program covers important background information on the medical assisting profession and interpersonal skills, medical ethics and law, medical terminology, basics of insurance billing and coding, telephone techniques, scheduling appointments, medical records management and management of practice finances. This program is intended to provide students with a well-rounded introduction to medical administration so that a student can gain the necessary skills required to obtain a medical administrative assistant position in the health care field. **PLEASE NOTE:** This program meets the necessary requirements to take the National Healthcareer Association (NHA) - Certified Medical Administrative Assistant (CMAA) exam.

15 classes @ 3.5 hrs ea    5.3 CEU  63 CPE
3520-01 LKMS M & W 6:00pm-9:30pm 10/23-12/13 Staff

**Medical Billing & Coding**

Cost & hours: $1899/80 hrs

**3525 MEDICAL BILLING AND CODING**

This combined 80 hour billing and coding course offers the skills needed to solve insurance billing problems, how to manually file claims (using the CPT and ICD-10 manual), complete common insurance forms, trace delinquent claims, appeal denied claims and use generic forms to streamline billing procedures. The course covers the following areas: CPT (Introduction, Guidelines, Evaluation and Management), specialty fields (such as surgery, radiology and laboratory), ICD-10 (Introduction and Guidelines) and basic claims processes for medical insurance and third party reimbursements. Students will learn how to find the service and codes using manuals (CPT, ICD-10 and HCPCS) **PLEASE NOTE:** AFTER OBTAINING THE PRACTICAL WORK EXPERIENCE (6 MONTHS TO 2 YEARS), students who complete this course could be qualified to sit for the American Academy of Professional Coders (AAPC) - Certified Coding Associate (CCA) exam; and/or other National Certification Exams.

24 classes @ 3.5 hrs ea    8.4 CEU  101 CPE
3525-01 LKMS M & W 6:00pm-9:30pm 10/9-12/13 Staff

**Dental Assistant**

Cost & hours: $1199/60 hrs + 60-hr externship

**3531 DENTAL ASSISTANT**

The 60 hour Dental Assisting Program prepares students for entry level positions in one of the fastest growing health care positions – Dental Assisting. The purpose of this course is to familiarize the student with all areas of pre-clinical dental assisting and provide training in the professional skills required to function as an assistant in the dental practice. This course covers the following key areas and topics – Administrative Aspects include: the history of dentistry and dental assisting; introduction to the dental office; the legal aspects of dentistry; policies and guidelines. Clinical Aspects include: introduction to oral anatomy; dental operatory; dental equipment, introduction to tooth structure; primary and permanent teeth; the oral cavity and related structures; proper patient positioning; dental hand-pieces; sterilization; and other areas. In addition to entry-level administrative jobs, this course is ideal for students interested in pursuing a future formal Dental Hygienist program.

17 classes @ 3.5 hrs ea    6 CEU  71.4 CPE
3531-01 RA M, Tu & Th 9:00am-12:30pm 11/09-12/19 Staff

**Clinical Medical Assistant**

Cost & hours: $2399/140 hrs + 160-hr externship

**3536 CLINICAL MEDICAL ASSISTANT**

This program will train students to assist physicians by performing functions related to the clinical responsibilities of a medical office. Important topics include phlebotomy, pharmacology, the proper use and administration of medications, taking and documenting vital signs, cardiology including proper lead placements, professional workplace behavior, ethics and the legal aspects of healthcare. This program includes 140 hours of classroom lecture and hands-on labs and a clinical externship opportunity at a local healthcare provider. To be eligible for the clinical rotation, students must successfully complete the 140 hour program, submit to a thorough background check, drug screening and meet other requirements. **PLEASE NOTE:** Upon successful completion of this program, students would be eligible to sit for the National Healthcareer Association (NHA) Certified Clinical Medical Assistant (CMAA) national examination.

40 classes @ 3.5 hrs ea    14 CEU  168 CPE
3536-01 RA M, Tu & Th 9:00am-12:30pm 9/11-12/12 Staff
3536-02 RA M, Tu & Th 6:00pm-9:30pm 10/2-1/13 Staff

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**Opportunity Inc.**

An Opportunity Inc. Youth Services program funded by the Department of Labor, Workforce Innovation and Opportunity Act. Auxiliary aids and services available upon request to individuals with disabilities. Equal Opportunity Employer/Program.
PHYSICAL THERAPY AIDE

Cost & hours: $1199/50 hrs + 80-hr externship

NEW! 3549 PHYSICAL THERAPY AIDE

This comprehensive 50-hour Physical Therapy Aide Program prepares students for the growing field of Physical Therapy. The Physical Therapy Aide is generally responsible for carrying out the non-technical duties of physical therapy, such as preparing treatment areas, ordering devices and supplies, and transporting patients working under the direction of the physical therapist. Furthermore, these workers assist physical therapists in providing services that help improve mobility, relieve pain, and prevent or limit permanent physical disabilities of patients suffering from injuries or disease. Physical Therapy Aides may be employed in nursing homes, hospitals, sports rehabilitation centers and some orthopedic clinics. PLEASE NOTE: This program does not include a national or state certification as part of its overall objectives.

15 classes @ 3.5 hrs ea    5.3 CEU     63 CPE

3549-01  LKMS  M & W  6:00pm-9:30pm  10/23-12/13  Staff

Mandatory Preregistration Requirements

For Certified Nurse Aide ONLY

1. Before registering you must call Tidewater Medical Training at 757-320-1780, ext. 1. Allow 15 minutes to complete the phone interview and to discuss any questions you may have.
2. You must have a PPD test or screening completed within 6 months of class start date.

Certified Nurse Aide is cancelled for Fall/Winter 2017.

Online Medical Courses

3537 CPR (HEALTHCARE PROVIDER) $93

This 2-year certification in Basic Life Support for Healthcare Providers includes Adult and Child CPR, AED and CPR for Infants. BLS certification is required for many professionals, including personal trainers, nurses, and emergency medical personnel. AHA book included.

1 class @ 5 hrs  0.5 CEU  6 CPE

3537-01 RA F 12:30pm-5:30pm  10/20  Staff

3537-02 RA F 12:30pm-5:30pm  12/8  Staff

3538 FIRST AID $88

This First Aid 2-year certification course teaches critical skills needed to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrive. Learn how to treat bleeding, sprains, broken bones, shock, and respond to other first aid emergencies. You will receive a completion card valid for two years. AHA book included.

1 classes @ 2.5 hrs ea  0.3 CEU  3 CPE

3538-01 RA F 9:00am-11:30am  10/20  Staff

3538-02 RA F 9:00am-11:30am  12/8  Staff

3539 BLOODBORNE PATHOGENS CERTIFICATION $49

This Bloodborne Pathogens 1-year certification is designed to meet Occupational Safety and Health Administration (OSHA) requirements for personnel in manufacturing, hospitality, health and fitness, childcare, security, and other industries where this training is required. AHA book included.

1 class @ 1 hr  0.1 CEU  1.2 CPE

3539-01 RA F 8:00am-9:00am  10/20  Staff

3539-02 RA F 8:00am-9:00am  12/8  Staff

3540 EMERGENCY OXYGEN ADMINISTRATION $62

Intended for individuals who desire or are required to be trained in the administration of emergency oxygen such as health care providers in offices of doctors and dentists and outpatient surgery facilities. Class provides basic knowledge as a cornerstone for First Responder, Advanced First Aid or EMT. 2 Year certification card upon successful course completion.

1 class @ 2 hrs  0.2 CEU  2.4 CPE

3540-01 RA S 9:00am-11:00am  9/23  Staff

3540-02 RA S 9:00am-11:00am  10/21  Staff

INFO MEDICAL CAREER TRAINING

CALL

757-648-6050, EXT. 64608

CALL

757-648-6050, EXT. 64608

For the most current information, visit www.alc.vbschools.com
NEW! 2205  RESEARCH & WRITING FOR SUCCESS  $82  Senior Price $63
This course will introduce the basics of qualitative research as it applies to writing reports for presentations and business projects. You will learn the basics of how to write a clear and concise research paper, including grammar rules and spelling tools and the APA format.
6 classes @ 2 hrs ea  1.2 CEU  14.4 CPE
2205-01 LKMS  Tu  6:00pm-8:00pm  9/12-10/17  Hamlet

NEW! 2207  ETHICS & INTEGRITY IN BUSINESS  $82  Senior Price $63
Ethics is a foundation concept that permeates our lives. We expect others to be ethical in their treatment of us and they expect the same from us, but what is ethical and what are the conflicts in being ethical? This course examines the concepts of ethics and integrity in the real world. PREREQUISITES: Some mid-level computer experience with MS Word suggested. PLEASE NOTE: Students must purchase required book - Publication Manual of the American Psychological Association, 6th ED. ISBN-10: 1-4338-0561-8. Book is not available at the ALC.
6 classes @ 2 hrs ea  1.2 CEU  14.4 CPE
2207-01 LKMS  M  6:00pm-8:00pm  10/23-11/17  Hamlet

2664  EBAY BASICS  $49  Senior Price $40
Have something to sell? New to EBAY? This course provides step-by-step instruction for beginners on how to set up your account, create strong passwords, and list and sell your items for the best price. Tips on taking pictures of your item and when is the best time of day to list it. PREREQUISITE: Basic computer skills.
2 classes @ 3 hrs ea  0.6 CEU  7.2 CPE
2664-01 LKMS  W & Th  6:00pm-9:00pm  8/23-8/24  Schmidt

2664-02 RA  Tu & Th  8:30am-11:30am  9/12-9/14  Schmidt

2209  MAKE MONEY FLIPPING HOUSES  $58  Senior Price $45
Learn the in's and out's of how to actually make money flipping houses. Learn what you need to know about investing in real estate and the mistakes to avoid.
4 classes @ 2 hrs ea  0.8 CEU  9.6 CPE
2209-01 LKMS  Th  6:00pm-8:00pm  10/5-10/26  Phillips
2209-02 LKMS  Th  6:00pm-8:00pm  11/16-12/14  Phillips

2210  CREATIVE PRESENTATIONS  $62  Senior Price $49
Many people list public speaking as the thing they fear most. Learn creative techniques that will reduce your fear and help you become an interesting and comfortable speaker. Whether you are giving a presentation in a staff meeting or to a client, learn tips that will enhance your communication skills.
4 classes @ 2 hrs ea  0.8 CEU  9.6 CPE
2210-01 LKMS  Tu & Th  6:00pm-8:00pm  10/3-10/12  Boyd
2210-02 LKMS  Tu & Th  6:00pm-8:00pm  11/14-11/28  Boyd

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These online courses are highly interactive and provide students with an enriched learning experience. Each course includes 24-hour-a-day instructor support, course mentors, engaging labs, student exercises, course videos, all textbooks, workbooks and student materials. Clinical externship opportunities and national or state certification are available for select programs.

Students will find all the resources they need to succeed including career building exercises, résumé writing tips, career mentors, interview techniques, and other skills training on a secure student website.